

Bristol Triple Crown Rider Information

Welcome to the inaugural Bristol Triple Crown. Think enduro, but without the price tag.

Three classic Ashton Court stages. Ride them in any order, as many times as you like between 1pm and 4pm. Only your fastest times count.

All funds raised go to Ride Bristol and Bristol Shredders mtb Club.

The Stages

Stage 1 – Supernova

The full descent, including the top section.

Pedal. Pump. Flow.

Stage 2 – Quarry Trail

The full Quarry Trail, including the climb.

Beautifully restored by Ride Bristol.

Stage 3 – Beggar Bush

The full trail, finishing back at Event HQ.

Fast. Flowing. Potentially career-defining.*

*Career not guaranteed.

Timing

Marshals will manually time each stage using a radio relay system.

When you register you'll receive a timing card. Record your fastest time for each stage and hand it in at Event HQ.

Starts will be staggered to reduce the chances of catching other riders or members of the public. Marshals may temporarily pause starts if required.

Winning times will be reviewed. If your times appear to involve teleportation, we may have a few questions.

Bonus Stage

There's also a Bonus Stage at Event HQ.

It isn't timed and doesn't count towards the results—it's purely for fun, bragging rights and spectator entertainment.

Still doesn't involve cider.

Categories & Prizes

Categories:

- Women's Acoustic
- Men's Acoustic
- Women's E-bike
- Men's E-bike

Trophies will be awarded to the top three riders in each category.

We'll also have plenty of spot prizes for fancy dress, memorable moments, Bonus Stage heroics and general excellence, plus Certificates of Achievement for every rider under 16.

Prize giving will take place at approximately 5:00pm at Event HQ.

Junior Riders

Children are welcome to ride with a responsible adult.

- Riders under 16 must be accompanied by an adult while moving around the course.
- Riders aged 16 and above may race solo.
- Riders aged 18+ compete in the main event.

Frequently Asked Questions

Do I have to ride the stages in order?

No. Ride any stage, in any order, as many times as you like between 1pm and 4pm.

Will the trails be closed?

No. Ashton Court remains open to everyone.

Marshals and race signs will help other trail users, and rider starts will be spaced to give everyone the best chance of a clean run.

What if I catch another rider?

Please be patient and courteous.

Don't pressure the rider ahead or attempt a risky overtake. If your run is affected, simply have another go—only your fastest time counts.

What bike can I ride?

Any safe, roadworthy mountain bike.

E-bikes are welcome provided they comply with current UK legislation. De-restricted or illegally modified bikes are not permitted.

Basic mechanical support will be available for safety checks and minor repairs.

Do I need pads?

Pads aren't compulsory, but we strongly recommend them.

A helmet is mandatory.

Gloves, knee pads, elbow pads and clothing covering knees and elbows are all encouraged.

Can I also ride the Classic Ride?

Absolutely. The Classic Ride and Triple Crown are designed to complement each other, so you're welcome to do both.

Will there be results?

Yes. Results will be published after the event.

Where does it start from?

All the rides at Shredfest start from the Miniature Railway field up the top of Ashton Court. There is limited parking. You need to ideally park at Church lodge or somewhere outside the park and ride in.

At registration we will ask you where you came from. Those who cycled from home, from the furthest, will get a special prize.

Ride Rules

- **Have fun.**
- **Ride hard.**
- **Ride within your ability.**
- **Respect other trail users at all times.**
- **Follow marshal instructions.**
- **If you come across an injured rider, stop if it's safe, alert a marshal and stay with them until help arrives.**
- **Check your bike before riding.**
- **Leave no trace.**

Remember: you can always have another go.

Whether that's motivation or a threat depends entirely on your last run.

Inclusivity

We're running this event in line with the FIAS Inclusive Off-Road Cycling Event Guidelines, with the aim of making Bristol mountain biking welcoming for everyone.

We are not a UCI event. This is a fun community event. The gender you race as is the gender entered on your application form. We ask everyone to take part in the spirit of the event.

Misogyny, discrimination, harassment or abusive behaviour of any kind will not be tolerated. Anyone engaging in such behaviour may be removed from the event.

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Why We're Here

A reminder... The Classic Ride is about celebrating Bristol mountain biking and raising a bit of cash for Ride Bristol, which maintains our trails, and our kids club, Bristol Shredders.

It's about great local trails, good people, a bit of adventure, a bit of cake and supporting Ride Bristol and the work they do on behalf of all of us.